

Individual Physical Exam Package (TAI-NAN)

Cathay Healthcare Management Address : 2F., No.185, Sec. 1, Yongfu Rd., Tainan City, Taiwan

Tel: 412-8006(For direct dialing from mobile phones, please add 02.)

			Comprehensive Exam	Comprehensive Ever
			+	Comprehensive Exam
Categories	Items	Descriptions / Prices	Cardiopulmonary	Systemic Images
			Images (M)\$58,000	(M)\$100,000
			(F)\$63,000	(F)\$105,000
Theme Set - Gastrointestinal Examination	Anesthesia Panendoscopy & Colonfibroscopy with Al Colorectal Polyp Detection Xincluding low-fiber diet	The use of "narrow band endoscopy imaging (NBI)", CO2 insufflation, Al colorectal polyp detection and customized anaesthesia for gastrointestinal assessments, including inflammation, ulcers, polyps, tumors or hemorrhoids.	•	•
	Fecal probiotics analysis	The gut microbiome is critical to human health, not only the gastrointestinal system but also the immunity and other organs. By testing specific probiotics, you will be able to gain an initial insight of the intestinal microenvironment. You may be further advised to consider additional nutritional counseling and improve the gastrointestinal system through dietary adjustments.	•	•
	Amylase	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.	•	•
	Lipoprotein A	A lipoprotein (a) test is used to check for risk of stroke, heart attack, or other heart diseases.	•	•
	high-sensitivity C-reactive protein	one of the markers of inflammation in the body.	•	•
	Homocysteine	Risk assessment for cardiovascular diseases.	•	•
	2-D ECHO of Heart	Cardiac output assessment and screening of heart valve stenosis, prolapse or regurgitation.	•	•
	Extra-Cranial Carotid dopplar scan	Cerebral blood flow assessment for the screening of carotid artery sclerosis or stenosis.	•	•
	Serum Electrolytes	An assessment for blood electrolyte homeostasis to		
Theme Set - Cardiovascular	Sodium 2. Potassium Chloride 4. Calcium	reflect kidney, endocrine functions or nutritional status.	•	•
Examination	Total IgE · Common allergens 24 items	The screening of allergies and testing for 24 Common Allergens Including Microorganisms, Animal Fur, Rodents, Household Dust, Seafood, and Proteins.	(Choose one of the two options)	(Choose one of the two options)
	24 Hours Continuous ECG Scan	Early detection of asymptomatic and paroxysmal arrhythmias. Indicators for autonomic and parasympathetic nervous	, , , , , , , , , , , , , , , , , , ,	
	Heart Rate Variability	system activities, functional indices and homeostasis to determine your emotions or stress condition.	•	•
	Nutrition Consultation	A one-on-one consultation with a professional dietitian for the provision of dietary education as well as recommendation based on individual physical status.	•	•
Theme Set -	Pulmonary Function (Screening)	Assess lung capacity and airway patency to determine the presence of lung diseases or pulmonary function abnormalities.	•	•
Lung	NSE	A diagnostic marker for small cell lung cancer.	•	•
Examination	Low Dose Lung CT	The best early screening tool for lung cancer! It can be used to specifically screen lung tumors, pneumonia, granuloma or fibrosis.	•	•
	Body Height		•	•
	Body Weight Waistline		•	•
	Body Fat Percentage		•	•
	Ideal Body Weight	Basic information established as baseline data for subsequent health exams.	•	•
	Body Mass Index		•	•
General Examination	Composition elementary body 1. Weight of Muscle 2. Weight of Subcutaneous&Visceral Fat 3.weight of water 4. Basal Metabolic Rate		•	•
	5. Analysis of Obesity 6. Assessment of Edema			
	Blood Pressure(sitting) Pulse Rate		•	•
Physical Examination	Physical Examination	A comprehensive inspection and assessment conducted by a physician.	•	•
Lung Examination	Chest X-ray,PA & L Lat. View	Pulmonary screening of inflammation, fibrosis, tuberculosis, tumors or cardiomegaly.	•	•
- ZAGITHI GITOTT	Triglyceride	is a second of the control of the co	•	•
	Total cholesterol	Risk factors of cardiovascular diseases or atherosclerosis for risk assessments of cardiovascular diseases.	•	•
Cardiovascular and Metabolic System	HDL-C		•	•
	LDL-C		•	•
	Total/HDL Ratio		•	•
	LDL/HDL ratio		•	•
	NT-ProBNP	Risk assessment for cardiovascular diseases.	•	•
	Fasting blood sugar	Blood sugar level for diabetes screening.	•	•
		A form of hemoglobin that is measured primarily to		
	Hemoglobin A1c	identify the three-month average plasma glucose concentration to evaluate blood sugar control.	•	•



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Categories	Items	Descriptions / Prices	+ Cardiopulmonary	+ Systemic Images
	AC Insulin	Insulin level assessment.	Images •	•
	Homeostasis Model Assessment of Insulin Resistance	Evaluating the ability of insulin to regulate blood sugar and determine if there is insulin resistance. This can be used to assess the risk of diabetes.	•	•
	TSH		•	•
	Free T4	Screening for hyperthyroidism or hypothyroidism.	•	•
	Thyroid ECHO	Ultrasound screening of goiter or thyroid neoplasm.	•	•
Cardiovascular and Metabolic System	Resting EKG	Screening of abnormalities such as myocardial ischemia, arrhythmia, cardiomegaly or bundle branch block.	•	•
	Assessment of Atherosclerosis	Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.	•	•
	Whole body Fat, DXA method	The use of "Dual energy X-ray absorptiometry (DEXA)" for systemic body fat distribution analysis.	•	•
	10-year CVD Risk Score	An assessment used for 10-year cardiovascular risk prediction based on basic demographics and lipid profile.	•	•
	GOT, AST	Liver function testing for hepatitis or liver cirrhosis	•	•
	GPT, ALT	screening.	•	•
	Total protein	Liver function, kidney disease and nutritional status	•	•
	Albumin	assessments.	•	•
	Globulin		•	•
	γ-GT	A diagnostic marker for liver diseases caused by alcohol or drugs.	•	•
Digestive	Alkaline phosphatase	The screening of bile duct anomalies, hemolysis or biliary	•	•
System	Total bilirubin	obstructions.	•	•
	Direct bilirubin Anti-HCV	The screening of hongritis C virus infections or carriers	•	•
	HBsAg	The screening of hepatitis C virus infections or carriers. The screening of hepatitis B virus infections or carriers.	•	•
	Anti-HBs	The screening of immunity against hepatitis B virus.	•	•
	Upper Abdominal Sonography	A sonography for screening liver, gallbladder, pancreas, spleen and kidney diseases, including stones, tumors, liver cirrhosis, fatty liver or structural anomalies.	•	•
	Blood urea nitrogen	Kidney function assessment.	•	•
	Uric acid	An indicator for hyperuricemia or gout.	•	•
	Creatinine	Kidney function assessment.	•	•
Kidney and	eGFR Urine routine examination and Sediment	A routine urine test for the screening of renal/bladder diseases, urinary stone, urinary tract infection, diabetes or	•	•
Urology	Microalbumin	hepatobiliary disease. Early kidney function assessment for glomerulonephropathy.	•	•
	Creatinine, U	Please collect a mid-stream urine sample in the early morning. (do not collect the first or last part during urination)	•	•
Hematology	Complete Blood Counts 1. Leukocytes 2. Erythrocytes 3. Hemoglobin 4. Hematocrit 5. MCV 6. MCH 7. MCHC 8. RDW 9. Platelet	The use of blood cell counts for inflammation, infection or anemia assessments.	•	•
	Differential Counts 1.Neutrophil 2.Lymphocyte 3.Monocyte 4.Eosinophil 5.Basophil	The screening of inflammation, infection, allergy or leukemia.	•	•
	Ferritin	Checking iron storage and evaluating iron deficiency anemia, chronic illness and chronic inflammation.	•	•
	Alpha-fetoprotein	A diagnostic marker for liver cancer.	•	•
	CEA	A diagnostic marker for lung adenocarcioma, colon cancer or gastrointestinal cancer.	•	•
Tumor	CA19-9	A diagnostic marker for pancreatic cancer or bile duct	•	•
Tumor Biomarker	PSA	cancer.	Male Only	Male Only
	Free PSA	A diagnostic marker for prostate cancer.	Male Only	Male Only
		A diagnostic marker for ovarian cancer or endometrial	,	,
	CA 125	cancer.	Female Only	Female Only
Female Breast	CA15-3 Automated Breast Volumes Scanner	A diagnostic marker for breast cancer. An advanced ultrasounic mammography. The big probe covers entire breast and is allowed automatic segmental	Female Only Female Only	Female Only Female Only
Examination	, s.s.maroa broast volumes scaline	scanning for breast tumor, cyst or fibroma assessment	Tomaio Offiy	Torridio Offiy



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A principle of the control of the co				Comprehensive Exam Comprehensive Exam	
Symecology Variance extended Variance	Categories	Items	Descriptions / Prices	•	+ Systemic Images
Female medicine Female only Female		Gynecology	, , ,		Female Only
### A fest of human politionavirus (HPV) for the screening of emicrol concernitions of emicrol concernitions of emicrol concernitions of emicrol disease in the uterus or ovaries such as tumors or cysts. Male medicine Testosterone		Thin PREP Pap smear	A thin Prep cytological test (TCT) for the screening of	Female Only	Female Only
Cymecological ECHO		Human papilloma virus test	A test of human pallilomavirus (HPV) for the screening of	Female Only	Female Only
Male medicine Male medicine A male sex homone and an indicator for male sexual functions or the efficacy of prostate cancer therapy. Male Only		Gynecological ECHO	To check structural disease in the uterus or ovaries such	Female Only	Female Only
Rule & 1.5 Spine Lateral View The screening of bowel obstruction, goldstones, uniform state of the common process of the process of the common process	Male medicine	Testosterone	A male sex hormone and an indicator for male sexual	Male Only	Male Only
Skeletal System Skeletal System Skeletal System Left Hijp BMD		KUB & LS Spine Lateral View	,	•	•
Left Hip BMD key points bone mass measurement to screen bone mass reduction or osteoproross.		C-spine X-Ray	To detect abnormalities in cervical spines, including	•	•
evaluate the bone replacement rate. The low concentration may mean that the rate of bone formation is too slow. High concentration indicates that the rate of bone replacement is too fost, which may be a precursor of nate name to the rate of bone replacement is too fost, which may be a precursor of nate name to the rate of bone replacement is too fost, which may be a precursor of nate name to the rate of bone replacement is too fost, which may be a precursor of nate name to the rate of bone replacement is too fost, which may be a precursor of nate name to the rate of bone replacement is too fost, which may be a precursor of nate name to the name t	Skeletal System	Left Hip,BMD	The use of "dual-energy X-ray absorptiometry (DEXA)" for key points bone mass measurement to screen bone mass reduction or osteoporosis.	•	•
Optical Coherence Tomography Examination Optical Coherence Tomography Visual Aculty Vision and color differentiation check up. Intraccular pressure Ent Examination Ent Examination Pure Tone Audiometry 500-8000Hz An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) An hearing test using a precision instrument in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) Also known as capability in a confined space, (500, 1000, 2000, 3000, 3000, 4000, 6000 or 8000Hz) Also known as capability in a confined space, (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz) Also known as capability in a confined space, (500, 1		N-MID Osteocalcin	evaluate the bone replacement rate. The low concentration may mean that the rate of bone formation is too slow; High concentration indicates that the rate of bone replacement is too fast, which may be a precursor of osteoporosis	•	•
Visual Acuity Vision and color differentiation check up. Introduction Int		Optical Coherence Tomography	Check macular degeneration, retinopathy, and optic	•	•
Sentination Intracoular pressure Early screening of glaucoma based on the results of the intracoular pressure test. An hearing test using a precision instrument in a confined space. (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz)	,	Visual Acuity			•
ENT Examination Pure Tone Audiometry 500-8000Hz An hearing test using a precision instrument in a confined space. (500, 1000, 2000, 3000, 4000 or 8000Hz) 25-OH Vitamin D.Total One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous homeostasis. Also known as cobalamin, it can assist the metabolism of cribohydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis homocysteine. Nutrient & Mineral Nutrient & Mineral Folic acid Folic acid Folic acid Folic acid Cardiac 3D CTA Cardiac 3	Examination	Ishihara Test for Color vision		•	•
Examination Pure Tone Audiometry 500-800Hz space. (\$50, 1000, 2000, 3000, 4000, 6000 or 8000Hz) One kind of fat-soluble vitamin lipovitamin used for in vivo caclaium and phosphrous homeostasis. Also known as cobalamin, if can assist the metabolism of cribohydrate, profein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis homocysteine. In erelationship between folic acid and vitamin B12 is very close, as they are key substances in the hematopoletic system, earning them the designation of hematopoletic virualities of read designation of hematopoletic system, earning them the designation of hematopoletic virualities of read designation of hematopoletic virualities of read designation. Cardiac 3D CTA **Contrast injection is required A systemic checkup (brain, nec		intraocular pressure	,	•	•
Nutrient & Mineral Nutrient & Mineral		Pure Tone Audiometry 500~8000Hz		•	•
Vitamin B12 Crohydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis homocysteine. Polic acid The relationship between folic acid and vitamin B12 is very close, as they are key substances in the hematopoietic system, earning them the designation of hematopoietic vitamins. They are essential elements for the synthesis of red blood cells in the bone marrow, playing a crucial role in cell division. Additionally, they can reduce the risk factors for atherosclerosis, such as homocystaine. Coronary Artery Calcium Scoring It is used to check the level of coronary artery calcification and evaluating the risks of myocardial infarction.		25-OH Vitamin D,Total	· ·	•	•
Folic acid Folic		Vitamin B12	crbohydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis	•	•
Coronary Artery Calcium Scoring calcification and evaluating the risks of myocardial infarction. A non-invasive method to clearly demonstrate 3D images of coronary artery branches in order to screen myocardial or coronary artery stiffness, stenosis or obstruction Brain and carotid MRA Brain and carotid MRA MRI-seven regions Consultation Medical Consultation Coronary Artery Calcium Scoring A non-invasive method to clearly demonstrate 3D images of coronary artery branches in order to screen myocardial or coronary artery stiffness, stenosis or obstruction A systemic checkup (brain, neck, lungs, upper abdomen, pelvis and the entire spine) for tumors, degenerative disc disease, cerebrovascular abnormalities or brain parenchymal lesions. A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups.		Folic acid	very close, as they are key substances in the hematopoietic system, earning them the designation of hematopoietic vitamins. They are essential elements for the synthesis of red blood cells in the bone marrow, playing a crucial role in cell division. Additionally, they can reduce the risk factors for atherosclerosis, such as	•	•
Cardiac 3D CTA Cardiac 3D CTA Images of coronary artery branches in order to screen myocardial or coronary artery stiffness, stenosis or obstruction Brain and carotid MRA A systemic checkup (brain, neck, lungs, upper abdomen, pelvis and the entire spine) for tumors, degenerative disc disease, cerebrovascular abnormalities or brain parenchymal lesions. Consultation Medical Consultation A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups.	(at Cooperative Medical	Coronary Artery Calcium Scoring	calcification and evaluating the risks of myocardial infarction.	•	
Brain and carotid MRA A systemic checkup (brain, neck, lungs, upper abdomen, pelvis and the entire spine) for tumors, degenerative disc disease, cerebrovascular abnormalities or brain parenchymal lesions. Consultation Medical Consultation A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups.			images of coronary artery branches in order to screen myocardial or coronary artery stiffness, stenosis or		•
MRI-seven regions abnormalities or brain parenchymal lesions. A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups.		Brain and carotid MRA	abdomen, pelvis and the entire spine) for tumors,		•
Consultation Medical Consultation report descriptions, patient education and recommendations for subsequent managements or follow-ups.		MRI-seven regions			•
Health examination suit	Consultation	Medical Consultation	report descriptions, patient education and recommendations for subsequent managements or	•	•
Exclusive meal • • • • • • • • • • • • • • • • • • •		Health examination suit		•	•

- (1) All of the above health services will be conducted in either Gong-Yi Clinic, excluding imaging examinations in which will be conducted in Cooperative Medical Institution.

 We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates.

 (2) If the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs.
- (3) The contents of the health examination package cannot be exchanged or refunded. An additional fee of \$1,000 will be charged for an English version of the report.

 (4) Expiration Date:2025.01.01~2025.12.31