Cathay Healthcare Management	,	0 ()			Tel: 02-8978-4899
Categories	Items	Descriptions / Prices	Comprehensive Exam	Exclusive Comprehensive Exam	Exclusive Comprehensive Exam
			+ Cardiopulmonary Images	+ Cardiopulmonary Images	+ Systemic Images
			(M)\$61,000	(M)\$88,000	(M)\$150,000
			(F)\$66,000	(F)\$93,000	(F)\$155,000
Theme Set - Gastrointestinal Examination	Anesthesia Panendoscopy & Colonfibroscopy with Al Colorectal Polyp Detection Xincluding low-fiber diet	The use of "narrow band endoscopy imaging (NBI)", CO2 insufflation, AI colorectal polyp detection and customized anaesthesia for gastrointestinal assessments, including inflammation, ulcers, polyps, tumors or hemorrhoids.	•	•	•
	Fecal probiotics analysis	The gut microbiame is critical to human health, not only the gastrointestinal system but also the immunity and other organs. By testing specific probiotics, you will be able to gain an initial insight of the intestinal microenvironment. You may be further advised to consider additional nutritional counseling and improve the gastrointestinal system through dietary adjustments.	•	•	•
	Amylase	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.	•	•	•
	Lipoprotein A	A lipoprotein (a) test is used to check for risk of stroke, heart attack, or other heart diseases.	•	•	•
	high-sensitivity C-reactive protein	one of the markers of inflammation in the body.	•	•	•
	Homocysteine	Risk assessment for cardiovascular diseases.	•	•	•
	2-D ECHO of Heart	Cardiac output assessment and screening of heart valve stenosis, prolapse or regurgitation.	•	•	•
	Extra-Cranial Carotid dopplar scan	Cerebral blood flow assessment for the screening of carotid artery sclerosis or stenosis.	•	•	•
71 6 1	Serum Electrolytes 1. Sodium 2. Potassium 3. Chloride 4. Calcium	An assessment for blood electrolyte homeostasis to reflect kidney, endocrine functions or nutritional status.	•	•	•
Theme Set - Cardiovascular Examination	Total IgE < Common allergens 24 items	The screening of allergies and testing for 24 Common Allergens Including Microorganisms, Animal Fur, Rodents, Household Dust, Seafood, and Proteins.	(Choose one of the two options)		
	24 Hours Continuous ECG Scan	Early detection of asymptomatic and paroxysmal arrhythmias.			
	Heart Rate Variability	Indicators for autonomic and parasympathetic nervous system activities, functional indices and homeostasis to determine your emotions or stress condition.	•	•	•
	Nutrition Consultation	A one-on-one consultation with a professional dietitian for the provision of dietary education as well as recommendation based on individual physical status.	•	•	•
	Pulmonary Function (Screening)	Assess lung capacity and airway patency to determine the presence of lung diseases or pulmonary function abnormalities.	•		
Theme Set - Lung Examination	NSE	A diagnostic marker for small cell lung cancer.	•	•	•
Examination	Low Dose Lung CT	The best early screening tool for lung cancer! It can be used to specifically screen lung tumors, pneumonia, granuloma or fibrosis.	•	•	•
	Pady Usiabt		•	•	•
	Body Height Body Weight	•	•	•	•
	Waistline	-	•		
	Body Fat Percentage	Basic information established as baseline data for subsequent health exams.	•	÷	
	Ideal Body Weight		•	•	•
	Body Mass Index		•	•	•
General Examination	Composition elementary body 1. Weight of Muscle 2. Weight of Subcutaneous&Visceral Fat				
	3.weight of water 4. Basal Metabolic Rate 5. Analysis of Obesity 6. Assessment of Edema Blood Pressure(sitting)		•	•	•
	Pulse Rate		•	•	•
Physical Examination	Physical Examination	A comprehensive inspection and assessment conducted by a physician.	•	•	•
Lung Examination	Chest X-ray,PA & L Lat. View Chest X-ray,PA View	Pulmonary screening of inflammation, fibrosis, tuberculosis, tumors or cardiomegaly.	•	•	•
	Triglyceride	Risk factors of cardiovascular diseases or atherosclerosis for risk assessments of cardiovascular diseases.	•	•	•
	Total cholesterol		•	•	•
Cardiovascular and Metabolic System	HDL-C		•	•	•
	LDL-C		•	•	•
	Total/HDL Ratio		•	•	•
	LDL/HDL ratio		•	•	•
	Small-dence LDL	Small dense LDL cholesterol is a key risk factor that contributes to vascular hardening, plaque formation, and an increased risk of cardiovascular disease.		•	•
	NT-ProBNP	Risk assessment for cardiovascular diseases.	•		
	Fasting blood sugar Hemoglobin A1c	Blood sugar level for diabetes screening. A form of hemoglobin that is measured primarily to identify the three-month average plasma glucose	•	•	•
	AC Insulin	concentration to evaluate blood sugar control. Insulin level assessment.	•	•	•
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	Homeostasis Model Assessment of Insulin Resistance	Evaluating the ability of insulin to regulate blood sugar and determine if there is insulin resistance. This can be used to assess the risk of diabetes.	•	•	•
	TSH	Screening for hyperthyroidism or hypothyroidism.	•	•	•
	Free T4		•	•	•
	Thyroid ECHO	Ultrasound screening of goiter or thyroid neoplasm.	•	•	•
Cardiovascular and Metabolic System	Resting EKG	Screening of abnormalities such as myocardial ischemia, arrhythmia, cardiomegaly or bundle branch block.	•	•	•
	Assessment of Atherosclerosis	Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.	●	•	•
	Whole body Fat, DXA method	The use of "Dual energy X-ray absorptiometry (DEXA)" for systemic body fat distribution analysis.	•	•	•
	10-year CVD Risk Score	An assessment used for 10-year cardiovascular risk prediction based on basic demographics and lipid profile.	•	•	•
	GOT, AST	Liver function testing for hepatitis or liver cirrhosis	•	•	•
	GPT, ALT	screening.	•	•	•
	Total protein	Liverfunction kidney diagons and sublished to t		•	•
	Albumin	Liver function, kidney disease and nutritional status assessments.	•	•	•
	Globulin		•	•	•
	y-GT	A diagnostic marker for liver diseases caused by alcohol or drugs.	•	•	•
Disective ford	Alkaline phosphatase	The screening of bile duct anomalies, hemolysis or	•	•	•
Digestive System	Total bilirubin Direct bilirubin	biliary obstructions.	•	•	•
	Anti-HCV	The screening of hepatitis C virus infections or carriers.	•	•	•
	HBsAg	The screening of hepatitis B virus infections or carriers.	•	•	•
	Anti-HBs	The screening of immunity against hepatitis B virus.	•	•	•
	Upper Abdominal Sonography	A sonography for screening liver, gallbladder, pancreas, spleen and kidney diseases, including stones, tumors, liver cirrhosis, fatty liver or structural anomalies.	•	•	•
	Blood urea nitrogen	Kidney function assessment.	•	•	•
	Uric acid	An indicator for hyperuricemia or gout.	•	•	•
	Creatinine	Kidney function assessment.	•	•	•
	eGFR		•	•	•
Kidney and Urology	Urine routine examination and Sediment	A routine urine test for the screening of renal/bladder diseases, urinary stone, urinary tract infection, diabetes or hepatobiliary disease.	•	•	•
	Microalbumin	Early kidney function assessment for glomerulonephropathy. ————————————————————————————————————	•	•	•
	Creatinine, U	early morning. (do not collect the first or last part during urination)	•	•	•
Hematology	Complete Blood Counts 1. Leukocytes 2. Erythrocytes 3. Hemoglobin 4. Hematocrit 5. MCV 6. MCH 7. MCHC 8. RDW 9. Platelet	The use of blood cell counts for inflammation, infection or anemia assessments.	•	•	•
	Differential Counts 1.Neutrophil 2.Lymphocyte 3.Monocyte 4.Eosinophil 5.Basophil	The screening of inflammation, infection, allergy or leukemia.	•	•	•
	Ferritin	Checking iron storage and evaluating iron deficiency anemia, chronic illness and chronic inflammation.	•	•	•
Tumor Biomarker	Alpha-fetoprotein	A diagnostic marker for liver cancer.	•	•	•
	CEA	A diagnostic marker for lung adenocarcioma, colon cancer or gastrointestinal cancer.	•	•	•
	CA19-9	A diagnostic marker for pancreatic cancer or bile duct cancer.	٠	•	•
	PSA	A diagnostic marker for prostate cancer.	Male Only	Male Only	Male Only
	Free PSA	- ·	Male Only	Male Only	Male Only
	CA 125	A diagnostic marker for ovarian cancer or	Female Only	Female Only	Female Only
	CA15-3	endometrial cancer.			
	Breast ECHO	A diagnostic marker for breast cancer. Screening breast disease like tumor,or cysts.	Female Only Female Only	Female Only Female Only	Female Only Female Only
Female Breast Examination	3D Tomosynthesis	Taking multi-angle images of the breasts and using computer reconstruction can more accurately distinguish real lesions from overlapping and uneven breast tissue, improving the accuracy of interpretation. It is recommended for women over 40 years old to undergo this examination.	Female Only	Female Only	Female Only
	Thin PREP Pap smear	A thin Prep cytological test (TCT) for the screening of cervical cancer	Female Only	Female Only	Female Only
Female medicine	Human papilloma virus test	A test of human pallilomavirus (HPV) for the screening of cervical cancer risks. To check structural disease in the uterus or ovaries	Female Only	Female Only	Female Only

Cathay Healthcare Management Address : 3~4F., No.333, Sec. 2, Dunhua S. Rd., Da'an Dist., Taipei, 106 Tel : 02-8978-4899

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Male medicine	Testosterone	A male sex hormone and an indicator for male sexual functions or the efficacy of prostate cancer therapy.	Male Only		
Skeletal System	KUB & LS Spine Lateral View	The screening of bowel obstruction, gallstones, urinary stone or lumbar/pelvic/hip diseases.	•	•	•
	C-spine X-Ray	To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral stenosis.	•	•	•
Skeletal System	Left Hip,BMD	The use of "dual-energy X-ray absorptiometry (DEXA)" for key points bone mass measurement to screen bone mass reduction or osteoporosis.	•	•	•
	N-MID Osteocalcin	It can be used to monitor the osteogenesis function and evaluate the bone replacement rate. The low concentration may mean that the rate of bone formation is too slow; High concentration indicates that the rate of bone replacement is too fast, which may be a precursor of osteoporosis.	•	•	•
	Optical Coherence Tomography	Check macular degeneration, retinopathy, and optic neuropathy.	•	•	•
Eva Evamination	Visual Acuity		•	•	•
Eye Examination	Ishihara Test for Color vision	Vision and color differentiation check up.	●	•	•
	intraocular pressure	Early screening of glaucoma based on the results of the intraocular pressure test.	•	•	•
ENT Examination	Pure Tone Audiometry 500~8000Hz	An hearing test using a precision instrument in a confined space. (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz)	•	•	•
	25-OH Vitamin D,Total	One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous homeostasis.	•	•	•
Nutrient & Mineral	Vitamin B12	Also known as cobalamin, it can assist the metabolism of croohydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis homocysteine.	•	•	•
	Folic acid	The relationship between folic acid and vitamin B12 is very close, as they are key substances in the hematopoietic system, earning them the designation of hematopoietic vitamins. They are essential elements for the synthesis of red blood cells in the bone marrow, playing a crucial role in cell division. Additionally, they can reduce the risk factors for atherosclerosis, such as homocysteine.	•	•	•
Functional Medicine	Male Hormone Analysis	This test helps assess whether your hormones are in balance. Maintaining a healthy hormone balance is essential for preserving muscle mass, cognitive function, cardiovascular health, emotional stability, and overall vitality.		Male Only	Male Only
	Female Hormone Analysis	Hormones play a crucial role in growth, reproduction, emotions, and metabolism. Before and after menopause, hormonal changes can increase health risks and cause discomfort in daily life. This test helps you understand your hormone levels so you can make necessary adjustments to maintain your well- being.		Female Only	Female Only
	Polyunsaturated Fatty Acid Profile	This test evaluates the balance of different fatty acids in your body. Maintaining the right fatty acid ratio is important for regulating inflammation, supporting nerve function, and enhancing immune health. A good balance of fatty acids also contributes to overall metabolic regulation.		•	•
CT/MRI (At Cathay General Hospital)	Coronary Artery Calcium Scoring	It is used to check the level of coronary artery calcification and evaluating the risks of myocardial infarction.	•	•	
	640-slice CT:Cardiac CTA *Contrast injection is required	A non-invasive method to clearly demonstrate 3D images of coronary artery branches in order to screen myocardial or coronary artery stiffness, stenosis or obstruction.			•
	Brain and carotid MRA	A systemic checkup (brain, neck, lungs, upper abdomen, pelvis and the entire spine) for tumors,			•
	MRI-seven regions	degenerative disc disease, cerebrovascular abnormalities or brain parenchymal lesions.			•
Consultation	Medical Consultation	A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups.	•	•	•
	th examination suit		•	•	•
	Exclusive meal		•	•	•

Notes:
(1) All of the above health services will be conducted in either Dun-Ping or Fu-Lin Clinic, excluding imaging examinations in which will be conducted in Cathay General Hospital. We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates.
(2) If the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs.
(3) The contents of the health examination package cannot be exchanged or refunded.
(4) Expiration Date:2025.04.01~2025.12.31