

Categories	Items	Descriptions / Prices	Minimum Exam	Economy Exam
			\$6,500	\$8,500
General Examination	Body Height	Basic information established as baseline data for subsequent health exams.	●	●
	Body Weight		●	●
	Waistline		●	●
	Body Fat Percentage		●	●
	Ideal Body Weight		●	●
	Body Mass Index		●	●
	Composition elementary body 1. Weight of Muscle 2. Weight of Subcutaneous&Visceral Fat 3.weight of water 4. Basal Metabolic Rate 5. Analysis of Obesity 6. Assessment of Edema		●	●
	Blood Pressure(sitting)		●	●
	Pulse Rate		●	●
Physical Examination	A comprehensive inspection and assessment conducted by a physician.	●	●	
Lung Examination	Chest X-ray,PA & L Lat. View	Pulmonary screening of inflammation, fibrosis, tuberculosis, tumors or cardiomegaly.	●	●
Cardiovascular and Metabolic System	Triglyceride	Risk factors of cardiovascular diseases or atherosclerosis for risk assessments of cardiovascular diseases.	●	●
	Total cholesterol		●	●
	HDL-C		●	●
	LDL-C		●	●
	Total/HDL Ratio		●	●
	LDL/HDL ratio		●	●
	Fasting blood sugar	Blood sugar level for diabetes screening.	●	●
	Hemoglobin A1c	A form of hemoglobin that is measured primarily to identify the three-month average plasma glucose concentration to evaluate blood sugar control.		●
	AC Insulin	Insulin level assessment.	●	●
Homeostasis Model Assessment of Insulin Resistance	Evaluating the ability of insulin to regulate blood sugar and determine if there is insulin resistance. This can be used to assess the risk of diabetes.	●	●	
TSH	Screening for hyperthyroidism or hypothyroidism.	●	●	
Free T4		●	●	
Resting EKG	Screening of abnormalities such as myocardial ischemia, arrhythmia, cardiomegaly or bundle branch block.	●	●	
Digestive System	GOT, AST	Liver function testing for hepatitis or liver cirrhosis screening.	●	●
	GPT, ALT		●	●
	Total protein	Liver function, kidney disease and nutritional status assessments.	●	●
	Albumin		●	●
	Globulin		●	●
	γ-GT	A diagnostic marker for liver diseases caused by alcohol or drugs.	●	●
	Alkaline phosphatase	The screening of bile duct anomalies, hemolysis or biliary obstructions.	●	●
	Total bilirubin		●	●
	Direct bilirubin		●	●
	HBsAg	The screening of hepatitis B virus infections or carriers.		●
	Anti-HBs	The screening of immunity against hepatitis B virus.		●
	OB, EIA	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.	●	●
Upper Abdominal Sonography	A sonography for screening liver, gallbladder, pancreas, spleen and kidney diseases, including stones, tumors, liver cirrhosis, fatty liver or structural anomalies.	●	●	
Kidney and Urology	Blood urea nitrogen	Kidney function assessment.	●	●
	Uric acid	An indicator for hyperuricemia or gout.	●	●
	Creatinine	Kidney function assessment.	●	●
	eGFR		●	●
	Urine routine examination and Sediment	A routine urine test for the screening of renal/bladder diseases, urinary stone, urinary tract infection, diabetes or hepatobiliary disease.	●	●
Hematology	Complete Blood Counts 1. Leukocytes 2. Erythrocytes 3. Hemoglobin 4. Hematocrit 5. MCV 6. MCH 7. MCHC 8. RDW 9. Platelet	The use of blood cell counts for inflammation, infection or anemia assessments.	●	●
	Differential Counts 1.Neutrophil 2.Lymphocyte 3.Monocyte 4.Eosinophil 5.Basophil	The screening of inflammation, infection, allergy or leukemia.	●	●
	Ferritin	Checking iron storage and evaluating iron deficiency anemia, chronic illness and chronic inflammation.		●
Tumor Biomarker	Alpha-fetoprotein	A diagnostic marker for liver cancer.	●	●
	CEA	A diagnostic marker for lung adenocarcinoma, colon cancer or gastrointestinal cancer.	●	●
	PSA	A diagnostic marker for prostate cancer.		Male Only
	CA 125	A diagnostic marker for ovarian cancer or endometrial cancer.		Female Only

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Musculoskeletal System	KUB & LS Spine Lateral View	The screening of bowel obstruction, gallstones, urinary stone or lumbar/pelvic/hip diseases.		●
	C-spine X-Ray	To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral stenosis.		●
	Upper and Lower Limb Muscle Strength Assessment	Measures the strength and power of the upper and lower limbs to evaluate the risk of muscle atrophy, sarcopenia, and metabolic disorders.	●	●
	VeriOsteo OP	Utilizing AI algorithms to assess abnormalities in bone mineral density.	●	●
Eye Examination	Visual Acuity	Vision and color differentiation check up.	●	●
	Ishihara Test for Color vision		●	●
	intraocular pressure	Early screening of glaucoma based on the results of the intraocular pressure test.	●	●
ENT Examination	Hearing Test 500~4000Hz	Basic hearing test at different frequencies. (500, 1000, 2000 or 4000Hz)	●	●
Nutrient & Mineral	25-OH Vitamin D, Total	One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphorous homeostasis.		●
Exclusive meal			●	●

Notes:

- (1) All of the above health services will be conducted in either Rui-Cheng, Rui-Jian or Rui-Hong Clinic. We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates.
- (2) If the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs.
- (3) The contents of the health examination package cannot be exchanged or refunded.
- (4) Health Check-up Validity: 2026.01.01~2026.09.30