



Precaution Notice of Health Check-up

- **Appointment Date:** _____(Y) _____(M) _____(D) **Time:**_____
- **Register Location:** 2F. No. 185 Sec. 1 Yongfu Rd. West Central Dist. Tainan City Taiwan
- **Fasting Time:** Not do eat and drink anything (including water and chewing gum) after 10PM the day before health check-up.
 - Not do eat and drink anything After 06:00 am on the day of examination (including water and chewing gum)
 - For the subject of colonoscopy examination, please fallow attachment No.2 for the applications and fasting time.
- **Endoscope examination:** Gastroscopy, coloproctoscopy, intravenous anesthesia, scissoring and excision examination related precautions, please read and complete the following forms, check the same day to report to the counter: Consent Form for Endoscope Examination (Attachment I) 、 Endoscope Anesthesia Consent Form(Attachment III).

Hand in: ID card (one of **Passport**/Residence certificate)

Health Checklist

Specific Examination Agreement Form

Specimen box of **Stool** (Please leave it within 3 days including the inspection day .

Please collect the samples within 3 days before the health checkup)

Those who do not bring the faeces test box will be charged NT\$50 for a new one.

Red head test-tube of **Urine** (The midstream urine of the first urination in the morning of the exam day)

※Please make sure the check items below, which one you arrange and accept.※

I, _____(signature) understand the details regarding the examinations I selected and confirm to accept the following examination :

Examination Item	Following	Notice
<input type="checkbox"/> Athletic Electrocardiogram	<ul style="list-style-type: none"> ● The treadmill exercise strength will increase gradually by running or walking, and will not stop until certain amount of exercise reached or level of changes achieved. ● While execution there might be phenomenon of weakness, short breathiness, dizziness, unsteady gait, discomfort to the chest, abnormality on the blood pressure. Very rare cases that patients might have heart attack causing sudden death (occurrence rate about 0.004%). ● If you feel uncomfortable and can 	<ul style="list-style-type: none"> ● Please bring your own sport shoes, or in bare feet, for the examination. ● The machine can't be stopped running temporarily, or return again. If you feel uncomfortable before examination, or had any diseases of heart, please inform the medical staffs on the day.

		not complete the examination, you can request to stop of examination to the medical staffs on site any time.	
<input type="checkbox"/>	Transvaginal Ultrasound Examination	<ul style="list-style-type: none"> ● This is an internal examination. ● It is normal for some slight pink or red show up when you wiped after the test for 2-3 days. 	<ul style="list-style-type: none"> ● Not be performed for pregnancy or menstrual period. ● If you need to do the transabdominal approach only, please tell us in advance.
<input type="checkbox"/>	Pap Smear Test	<ul style="list-style-type: none"> ● If abnormal vaginal bleeding is heavier than usual menstrual, please contact us ,or go to the hospital first. 	<ul style="list-style-type: none"> ● Avoid sexual intercourse, douching, or using any vaginal medicines or spermicidal foams, creams or jellies for one day before having a Pap smear, as these may wash away or obscure abnormal cells.
<input type="checkbox"/>	Human Papilloma Virus Test		
<p>If you still have doubts before the examination, please discuss with the medical staffs in working hours (8AM~5PM). Official website : http://www.cathay-hcm.com.tw/</p>			

TEL: Tainan/Tainan Branch (06)215-8500

Taipei/Dunhua Branch (02)2739-0333, Taipei/Neihu Branch (02)8751-0258,

Hsinchu /Hsinchu Branch (03)526-8555,

※Shall there be any natural disasters such as cloudburst or typhoon, for your safety concern our clinic will follow the announcement by The Central Personnel Administration to decide whether to practice on that day.

■ Preparation Before Examination

- Subject to ophthalmological and anesthesia examination, please bring glasses to replace your contact lenses. If you had any disease, such as glaucoma, please inform us in advance.
- Women in pregnancy, unsure pregnancy, or prepare for pregnancy without contraception, please hold for X-ray examination and inform us in advance.
- In order to avoid losing your valuables, please don't bring valuables on the examination day.
- Please wear underwear with light colors in cotton (without any ornament on) to avoid influence on X-ray imaging reading.

■ Report Completion and Consultation

- The health report will be needed 14 ~ 21 working days to process after all the examination be completed. And it will be send to the address for pick up you offerded.
- If you have any doubt or question on the content of the report, we provide consultation service for free, please call first to make appointment in person.
- Shall you wish to entrust another person to come to pick up the report, CD of medical imaging, or consultation, please ask the trustee to bring your person permission and both of 2 identifications.

■ **Address: 2F. No. 185 Sec. 1 Yongfu Rd. West Central Dist. Tainan City Taiwan**

Suggest our guests who receiving **anesthesia** and subject to ophthalmological exam do not drive.
(ophthalmological examination due to the dilated eye drops will cause blurred vision and photophobia for about 6~8 hours)

■ **Traffic Information (<http://www.cathay-hcm.com.tw>)**

1. Address: 2F. No. 185 Sec. 1 Yongfu Rd. West Central Dist. Tainan City Taiwan. TEL:(06)215-8500

2. Parking information

Please enter the B2 parking lot from the CITY PARKING entrance in front of the gate of Jingying Hotel on Heyi Road. Please follow the instructions to the elevator and take the ride straight to the 2nd floor.

Free parking is provided on the day of the inspection. The center does not take responsibility for car storage.

